# International Day of People with Disability

**United Nations theme for 2025** 

Easy Read version





### How to use this document



We are the Australian Government Department of Health, Disability and Ageing.

We wrote this document.



We wrote some words in bold.

We explain what these words mean.

There is also a list of these words on page  $\underline{12}$ .



You can ask someone you trust for support to:

- read this document
- find more information.





This is an Easy Read summary of the 2025 **theme** for the International Day of People with Disability.

It only includes the most important ideas.



A theme is the main idea or message for an event.



You can find more information about the theme on our website.

www.idpwd.com.au/about/about-idpwd/



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# **About International Day of People with Disability**



International Day of People with Disability (IDPwD) is a day to understand and respect people with disability.



It happens on 3 December every year.



IDPwD aims to support **inclusion** for people with disability in our community.



Inclusion means everyone:

- can take part
- feels like they belong.





The United Nations supports IDPwD.



The United Nations is where countries around the world work together for:

- peace
- human rights.



Human rights are rules about how people must treat you:

- fairly
- equally.



Australia is part of the United Nations.



# About the United Nations theme for 2025



The United Nations chooses a theme for IDPwD to focus on every year.



In 2025, the theme is about supporting inclusion to make our community better for everyone.



This means everyone needs to work together to:



 give people with disability the same chances as people without disability



 make sure everyone can use health care and take part in education



include people with disability in all parts of life



• take away barriers for people with disability.





A barrier is something that stops you from doing something you:

- need to do
- want to do.

Barriers for people with disability can include:



not having enough money



not being able to find a job



• being treated unfairly.



### **Contact us**



You can visit our website.

www.idpwd.com.au



You can send us an email.

idpwd@health.gov.au



You can call us:

- Monday to Friday
- 9am to 5pm.

1800 440 385



You can call the National Relay Service.





## Teletypewriter (TTY)

1800 555 677



Speak and listen

1300 555 727

### Word list

This list explains what the **bold** words in this document mean.

#### Barrier

A barrier is something that stops you from doing something you:

- need to do
- want to do.



#### **Human rights**

Human rights are rules about how people must treat you:

- fairly
- equally.



#### Inclusion

Inclusion means everyone:

- can take part
- feels like they belong.





#### Theme

A theme is the main idea or message for an event.



#### **United Nations**

The United Nations is where countries around the world work together for:

- peace
- human rights.



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